

Privacy Practices Statement for Amy Anderson, LCSW

Effective Date: July 13, 2026

At Amy Anderson, LCSW, we are committed to protecting your privacy and ensuring the confidentiality of your personal health information (PHI). This Notice of Privacy Practices outlines how we collect, use, and protect your information in compliance with the Health Insurance Portability and Accountability Act (HIPAA).

Information We Collect:

We may collect the following types of information during therapy and coaching sessions:

- Personal Identifiable Information (PII) such as your name, address, phone number, and email.
- Health information related to your mental health, including diagnoses, treatment history, and session notes.

How We Use Your Information:

Your information may be used for the following purposes:

- To provide and coordinate your therapy and coaching services.
- To communicate with you about your treatment and other related services.
- To bill for services provided and manage payment processes.
- To comply with legal and regulatory requirements.

Confidentiality and Security:

We take the confidentiality of your information seriously. We implement various safeguards to protect your PHI, including:

- Secure electronic communication methods for virtual sessions.
- Access controls to limit who can view your information.
- Regular training for staff on privacy procedures and HIPAA compliance.

Your Rights:

You have the following rights regarding your PHI:

- The right to access and obtain a copy of your health information.
- The right to request amendments to your health information.
- The right to request restrictions on the use or disclosure of your information.
- The right to receive an accounting of disclosures of your health information.

Disclosure of Information:

We may disclose your information without your consent in certain situations, including:

- If required by law enforcement or in response to legal proceedings.
- To prevent a serious threat to your health or safety.

Changes to This Statement:

We may update this Privacy Practices Statement from time to time. Any changes will be posted on our website with an updated effective date.

Contact Us:

If you have any questions or concerns about this Privacy Practices Statement or your privacy rights, please contact us at:

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By participating in therapy and coaching sessions, you acknowledge that you have read and understood this Privacy Practices Statement.